



SHOULD CHILDREN WEAR A FACE MASK?

Children over 2 years of age should wear a face mask when outside of the home. But, they should also still keep about 2 metres away from other people. That is about the length of a bed.

But, a child should **not** wear a mask if

- they cannot breathe properly through the mask
- it makes them fiddle with the mask and touch their face more often
- they cannot take off the mask on their own because of a disability
- they are under 2 years of age

