



# Masisebenze ndawonye side by side ukukhulisa izingane ezinempilo nokujabula

Zonke izingane zidinga:



## UKONDLEKA

Ukudla okunempilo kubalulekile kuwe nasempilweni yengane yakho. Kuqala ngokuncelisa.



## UTHANDO OLUJULILE, UKUDLALA NOKUKHULUNYISWA

Ingane yakho ifunda ngokukubuka uma uyibambe eduze, uyibonisa uthando, udlala nayo, futhi noma uxoxa nayo.



## UKUVIKELEKA EZIFWENI NASEKULIMALENI

Ingane yakho ingavikeleka ezifweni zezingane nokulimala ngokuthola umgomo futhi ngokuqaphela ekhaya.



## UKWELASHWA LAPHO INGANE IGULA NOMA ILIMELE

Ingane yakho idinga ukunakekelwa kahle uma igula noma ilimele ukuze ibengcono.



## UKUNAKEKELWA OKUKHETHEKILE NOKUSEKELWA NGAZO ZONKE IZIKHATHI

Ingane yakho ingadinga ukunakekelwa okukhethekile noma ukusekelwa. Ukwazi ukuthi yini okufanele ukwenze noma ukuthi uzoya kuphi kuzonisiza nobabili.



health

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