



Masisebenzisane ukukhulisa abantwana abadlamkileyo nabasempilweni

Bonke abantwana badinga oku:



ISONDLO

Isondlo esilungileyo yiyo into elungele impilo yosana lwakho. Iyonke lonto iqala ngokunika usana lwakho ubisi lwebele.



UTHANDO

Umntwana wakho ufunda ngokujonga kuwe, kwindlela omanga ngayo, udlale uthethe naye.



UKHUSELEKO

Usana lwakho lungakhuseleka kwizifo zabantwana ngokugonywa nangokuphatheka ngenkathalo ekhaya.



EZEMPILO

Usana lwakho ludinga inkathalo xalugula okanye lwenzakele ukuluncedisa lubengcono.



UNAKEKELO OLUKHETHEKILEYO

Umntwana wakho angakudinga ukunakekelwa okukhethekileyo okanye inkxaso. Ukwazi into onokuyenza okanye apho unokuya khona ukufumana uncedo kungakunceda wena nosana lwakho.



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

A long and Healthy life for all South Africans

